When selecting, producing and using instructional video clips,

- seek parsimony, so follow the maxim "Less is more"
- avoid overlap between spoken and written words
- segment, signal and weed clip contents
- provide learners with control options allowing non-linear study
- provide learners with a site map, guidance and navigation aids
- provide learners with tasks and assignments encouraging elaboration and computersupported collaboration
- control and monitor the time learners need to view, understand and process clip contents

Box 9. 8 Effective instructional video

Underlying chapters and sections in **Using Video to Develop Teaching**:

Using video for activating instruction
Video as a medium for instruction
The teacher as multimedia user and producer